



ANIMAL FIRST AID KIT

with Essential Oils

What should you have on hand when your pets {inevitably} hurt themselves? This checklist is a great place to start! Of course, as the Essential Oil Vet, I've included some of the BEST essential oils to have on hand as well. For full access to the recipes on this checklist and to learn exactly how to use all of these items, join me in the Essential Oil Vet Membership. Learn more at <https://essentialoilvet.com/members>.

HOME FIRST AID KIT CHECKLIST:

- Gauze - for bandaging and also as a makeshift muzzle if needed.
- Nonstick bandages
- Clean towels - warming, cooling, sling, washing
- Eye dropper or syringe - flushing wounds or oral administration
- Muzzle
- Extra Leash
- Scissors - to cut away fur or entanglements
- Tweezers - ticks or foreign material
- Witch hazel - to soothe skin and protect from infection
- Cotton balls
- Nail clipper for broken nails
- Benadryl
- Disposable gloves
- Thermometer

*Essential Oils & Recipes**

- All Natural Healing Salve
- Wound Spray
- Frankincense Essential Oil
- Copaiba Essential Oil
- Lavender Essential Oil
- Geranium Essential Oil

**Always dilute before using oils topically with cats and dogs. For a free safety guide and dilution chart go to <https://essentialoilvet.com/safety>*





MORE FROM YOUR ESSENTIAL OIL VET DR. JANET ROARK

With over 17 years of experience in veterinary medicine, Dr. Janet Roark has dedicated her life to helping people and their animals.

She first became interested in essential oils for her personal health and soon recognized the revolutionary benefits of using oils with animals. Her first case was nothing short of miraculous, inspiring her to take this incredible resource beyond her local veterinary practice.

Though she is recognized worldwide as the Essential Oil Vet, she is here to serve. As one of her clients shared, *"Dr. Janet is amazing, compassionate, knowledgeable, caring and such a great problem solver when it comes to naturally taking care of animals."*

CONNECT WITH DR. ROARK:



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JOIN THE ESSENTIAL OIL VET MEMBERSHIP:

The Essential Oil Vet Membership gives you access to an online Membership Portal and a private Facebook group where you can learn directly from Dr. Roark. Sign up or learn more at:

<https://essentialoilvet.com/members>

- Exclusive Member-Only Webinars
- Weekly Q & A: Get your questions answered - LIVE videos weekly
- Individual Protocols and Whole Animal Health Guidance
- Recipes and Diffuser Blends: What to use When
- Safety Information, Research, and so much more!

BECOME AN ANIMAL AROMATHERAPY SPECIALIST

If you have a heart for helping people use essential oils with their animals, consider this 6-week online course to become a Certified Animal Aromatherapy Specialist. Learn more at: <https://essentialoilvet.com/animalaromatherapy>

